Supporting Iowans’ Health and Well-Being
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Affordable, comprehensive health care is critical for the well-being of Iowa’s families and communities.

Good news: Iowa has opportunity to improve.
Top health care priorities

- **Expand** health care for children
- **Support** maternal health for new mothers
  - Expand Medicaid for one year postpartum
  - Provide doula coverage in Medicaid
- **Oversight** of children’s behavioral health system
Medicaid is a federal-state partnership

- Federal government
  - sets parameters
  - pays for a share of costs

- States
  - administer the program
  - pay the other share of costs
**FMAP**
Federal Medical Assistance Percentage
- Based on Iowa per-capita income relatively to U.S. per-capita income.
- Represents a state’s ability to pay for the program.

Medicaid costs paid out of state General Fund, FY 21:
**$1.9 billion**
(out of ~$8B budget)
Iowa’s FMAP Rate FY 1964-2022
(Shaded Bars Indicate U.S. Recessions)

Note: Recession data represented in the shaded bars is from the National Bureau of Economic Research (NBER). As of July 7, 2021, the NBER has not announced an end to the most recent recession, which began in February of 2020.

Source: LSA Fiscal Topics, August 3, 2021
Medicaid enrollment and expenditures, FY 20

Source: Legislative Services Agency, 2021
We have relatively robust eligibility levels

**Children**
- Medicaid | Ages 0-1 | 375% FPL
- Medicaid | Ages 1-18 | 167% FPL
- Separate CHIP | Ages 1-19 | 302% FPL

**Adults**
- Medicaid | Pregnant Women | 375% FPL
- Medicaid | Adults (Expansion) | 133% FPL

And among the lowest rates of uninsurance in the U.S.
Medicaid Benefits include:

<table>
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<tr>
<th>Mandatory Benefits</th>
<th>Optional Benefits</th>
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<td>Nursing home care</td>
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<td>Medical &amp; surgical dental services</td>
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<td>Family planning services</td>
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<td>Lab &amp; x-ray services</td>
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<td>Early periodic screen, diagnosis, and treatment (EPSDT)</td>
<td>Medical supplies</td>
</tr>
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<td>services</td>
<td>Case management</td>
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</tbody>
</table>
Today in Iowa, Medicaid covers:

- 1 in 2 births
- 1 in 2 children
- 1 in 2 nursing home residents
- 1 in 4 people with disabilities
- 1 in 5 working-age adults
- 1 in 10 older adults

Source: Iowa Department of Human Services, 2021
Expand Health Care for Children
Iowa is a leader for covering kids

3% of Iowa children are uninsured — among the lowest rates in the U.S.
Source: Annie E. Casey Foundation, Kids Count Data Book, 2022

375,572 Iowa children are covered by Medicaid or CHIP
Source: Georgetown Center for Children and Families, 2022
Compared to uninsured peers, children covered by Medicaid/CHIP:

- Miss fewer days of school
- Do better in school
- More likely to Graduate from high school
- More likely to Attend college
- Earn higher wages
- Pay more in taxes
Providers are struggling

88¢
Received by U.S. hospitals for every dollar spent caring for patient receiving Medicaid

For every $10 of increased Medicaid reimbursement, parents were 0.5 percentage points more likely to report they had no difficulty finding a provider and a reduction in school absences

Source: American Hospital Association, 2022
Source: National Bureau of Economic Research, 2019
Lawmakers should:

- **Extend** continuous eligibility for Medicaid for children up through age five
- **Regular** review of provider reimbursement rates
Improve Maternal Health
Focus on outcomes for mothers

100% of postpartum pregnancy-related deaths were preventable

1 in 4 postpartum deaths occurring 60 days to up to 1 year post pregnancy were of Medicaid-eligible women

Source: Iowa Maternal Mortality Review Committee

Disparities, underlying chronic conditions, structural racism and implicit bias lead to poor outcomes for Black women
Lawmakers should:

- **Extend** Medicaid eligibility for pregnant women from 60-day postpartum to 12-months
- **Include** doula care as a covered service under Medicaid
Children’s Behavioral Health Oversight
Children’s behavioral health system

27%-36% of students felt sad or hopeless every day for two weeks or more in a row

~ 1 in 4 11th graders had suicidal thoughts in previous 12 months

More prevalent among Black and Brown and LGBTQIA+ youth

Source: Iowa Youth Survey
Lawmakers should:

- **Require** universal reporting from the regional mental health systems to assess outcomes for Iowa’s children.
Support our work today

$22
Promote good policy online

$66
Mail a post card to each legislator

$125
Visit your community to host an advocacy training

$500
Launch a targeted issue campaign

505 5th Avenue, Ste 404
Des Moines, IA 50309

commongoodiowa.org/donate
Thank you

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Find us online at
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THE ULTIMATE MEASURE OF A MAN IS NOT WHERE HE STANDS IN MOMENTS OF COMFORT AND CONVENIENCE, BUT WHERE HE STANDS AT TIMES OF CHALLENGE AND CONTROVERSY.