



**POLICY**

**WISE**

**in  
Iowa**

**Supporting Iowans' Health and Well-Being**



# Supporting Iowans' Health and Well-Being

Affordable, comprehensive health care is critical for the well-being of Iowa's families and communities.

***Good news: Iowa has opportunity to improve.***



# Top health care priorities

- **Expand** health care for children
- **Support** maternal health for new mothers
  - ❖ **Expand Medicaid for one year postpartum**
  - ❖ **Provide doula coverage in Medicaid**
- **Oversight** of children's behavioral health system

# Medicaid is a federal-state partnership



- Federal government
  - sets parameters
  - pays for a share of costs



- States
  - administer the program
  - pay the other share of costs

# Medicaid funding: nuts and bolts

## FMAP

Federal Medical Assistance Percentage

- Based on Iowa per-capita income relatively to U.S. per-capita income.
- Represents a state's ability to pay for the program.

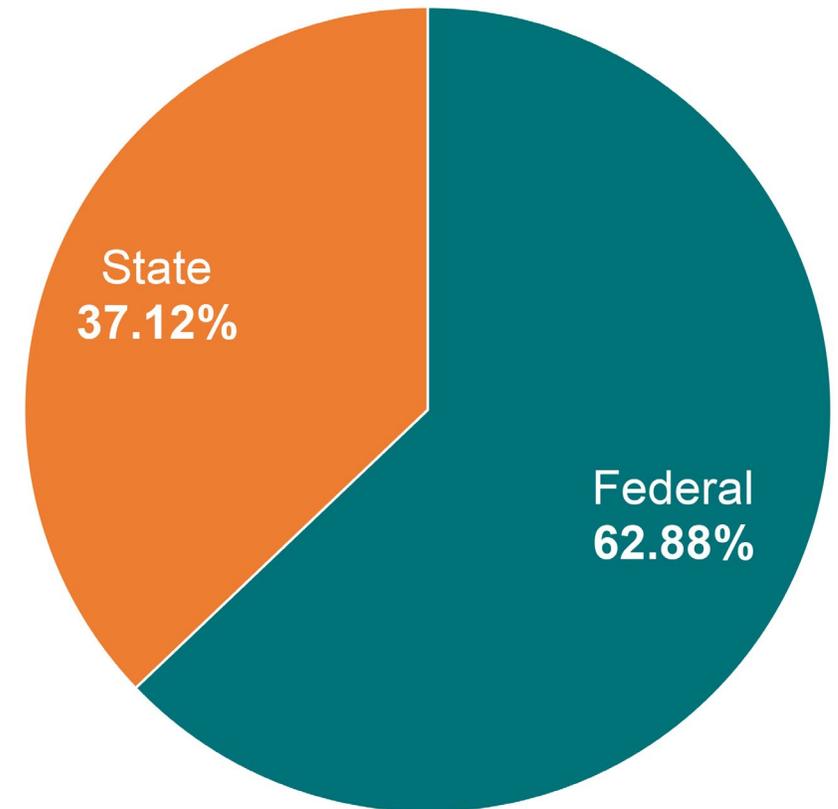
Medicaid costs paid out of state General Fund, FY 21:

**\$1.9 billion**

(out of ~\$8B budget)

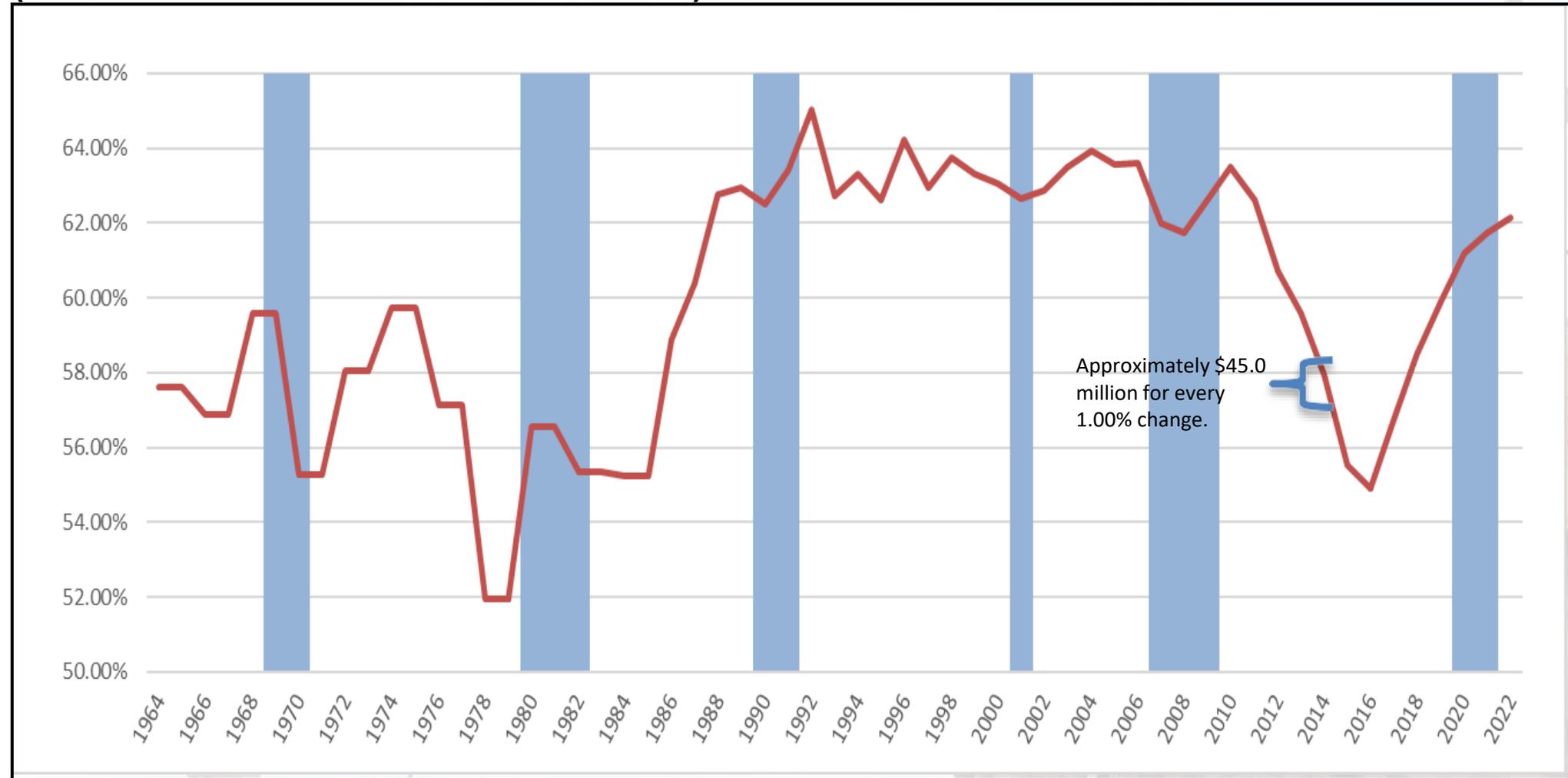
## FMAP in Iowa

Share of Medicaid costs paid by federal and state governments, FY 23



# Iowa's FMAP Rate FY 1964-2022

(Shaded Bars Indicate U.S. Recessions)

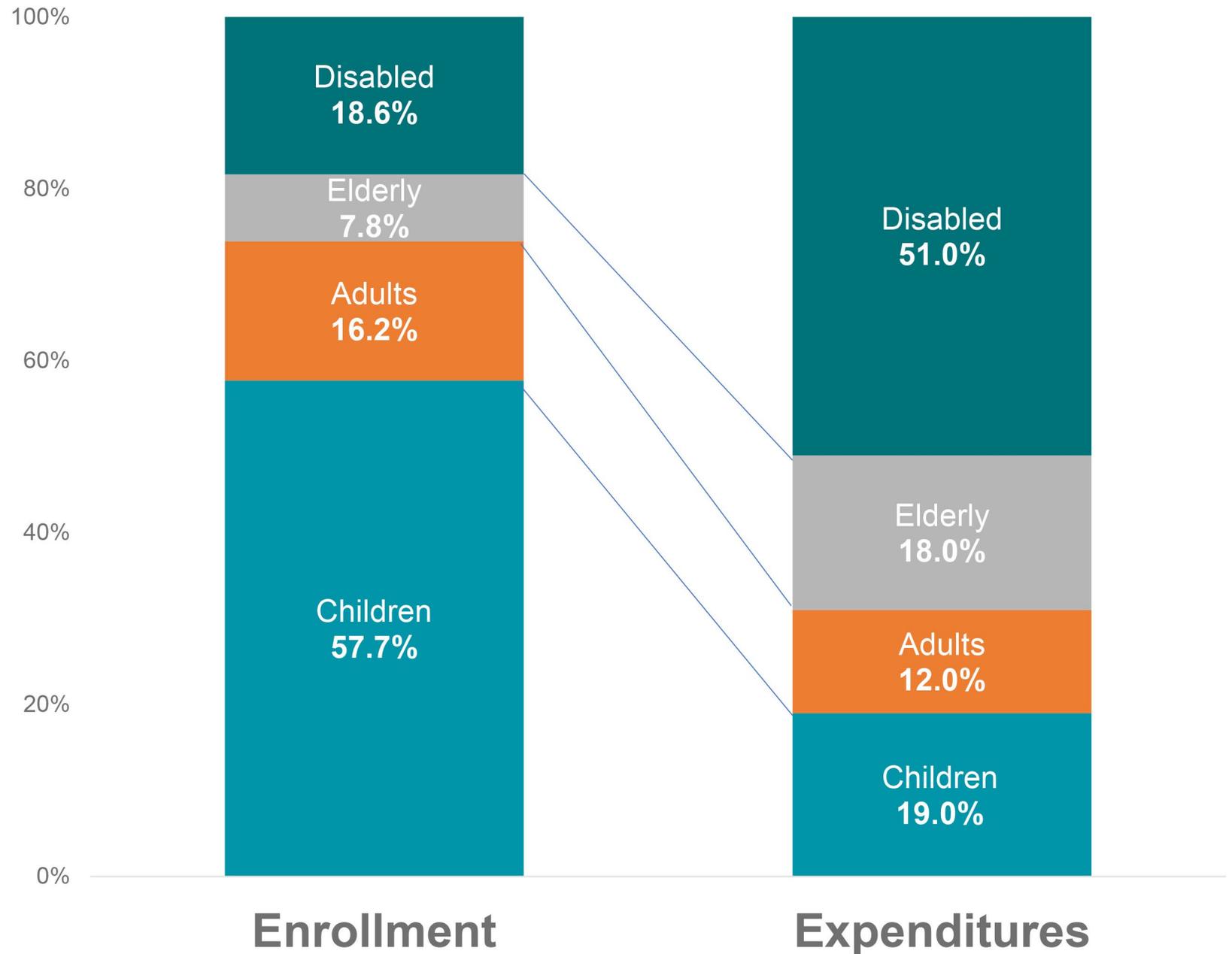


Note: Recession data represented in the shaded bars is from the National Bureau of Economic Research (NBER). As of July 7, 2021, the NBER has not announced an end to the most recent recession, which began in February of 2020.

Source: LSA Fiscal Topics, August 3, 2021

# Medicaid enrollment and expenditures, FY 20

Source: Legislative Services Agency, 2021



# We have relatively robust eligibility levels

## Children

- Medicaid | Ages 0-1 | **375% FPL**
- Medicaid | Ages 1-18 | 167% FPL
- Separate CHIP | Ages 1-19 | 302% FPL

## Adults

- Medicaid | Pregnant Women | **375% FPL**
- Medicaid | Adults (Expansion) | 133% FPL



*And among the  
lowest rates of  
uninsurance in  
the U.S.*

# Medicaid Benefits include:

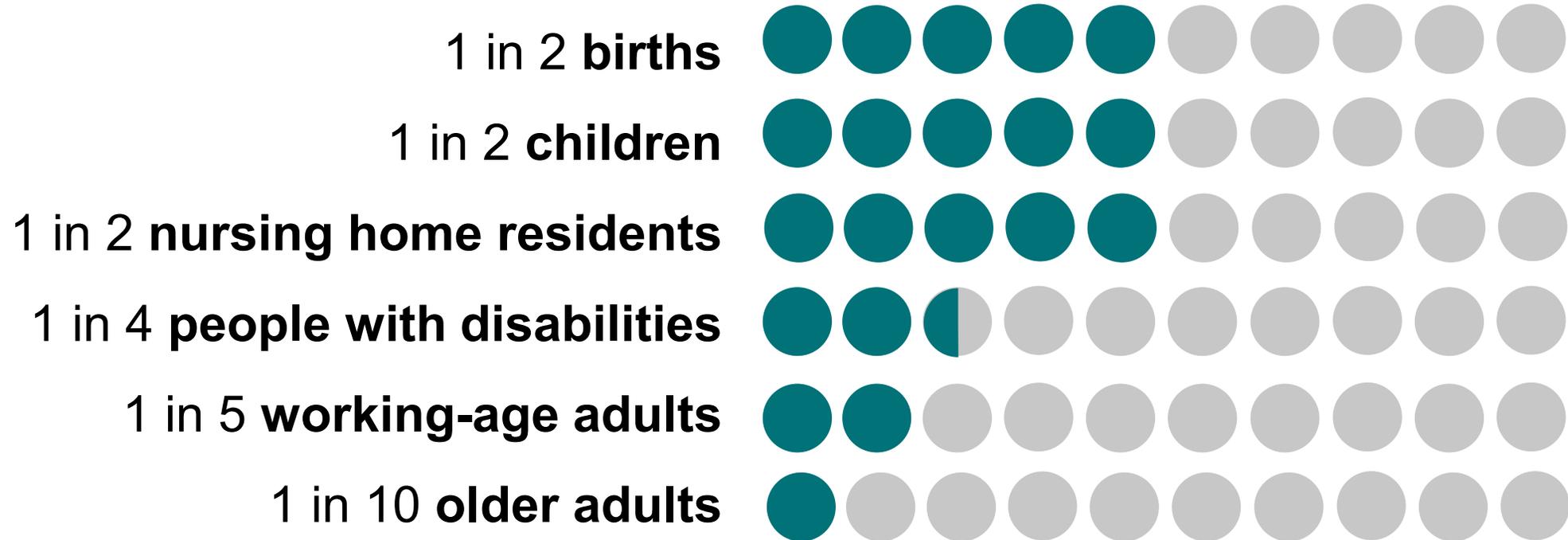
## Mandatory Benefits

- Inpatient & outpatient hospital services
- Physician services
- Nursing home care
- Home health care
- Medical & surgical dental services
- Family planning services
- Lab & x-ray services
- Early periodic screen, diagnosis, and treatment (**EPSDT**) services

## Optional Benefits

- Dentists
- Pharmacy
- Home & Community-Based Services
- Mental health & substance abuse services
- Ambulance
- Habilitation services
- Intermediate care facilities
- Medical supplies
- Case management

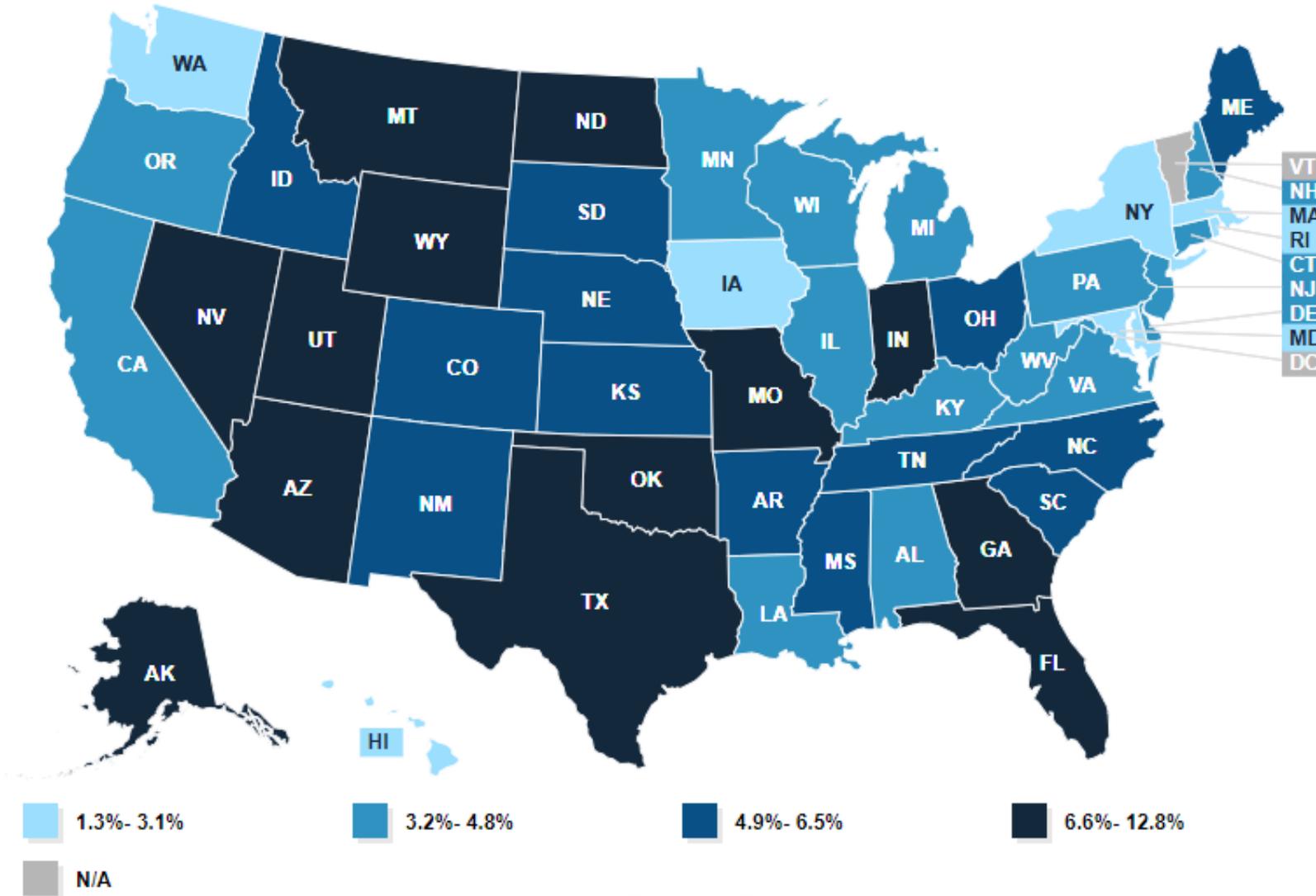
# Today in Iowa, Medicaid covers:



# Expand Health Care for Children



# Iowa is a leader for covering kids



# 3%

of Iowa children are uninsured — among the lowest rates in the U.S.

Source: Annie E. Casey Foundation, Kids Count Data Book, 2022

# 375,572

Iowa children are covered by Medicaid or CHIP

Source: Georgetown Center for Children and Families, 2022

Map source: Kaiser Family Foundation

# Compared to uninsured peers, children covered by Medicaid/CHIP:



Miss fewer  
days of school



Do better in  
school



More likely to  
Graduate from  
high school



More likely to  
Attend college



Earn higher  
wages



Pay more in  
taxes

# Providers are struggling

**88¢**

Received by U.S. hospitals for every dollar spent caring for patient receiving Medicaid

Source: American Hospital Association, 2022

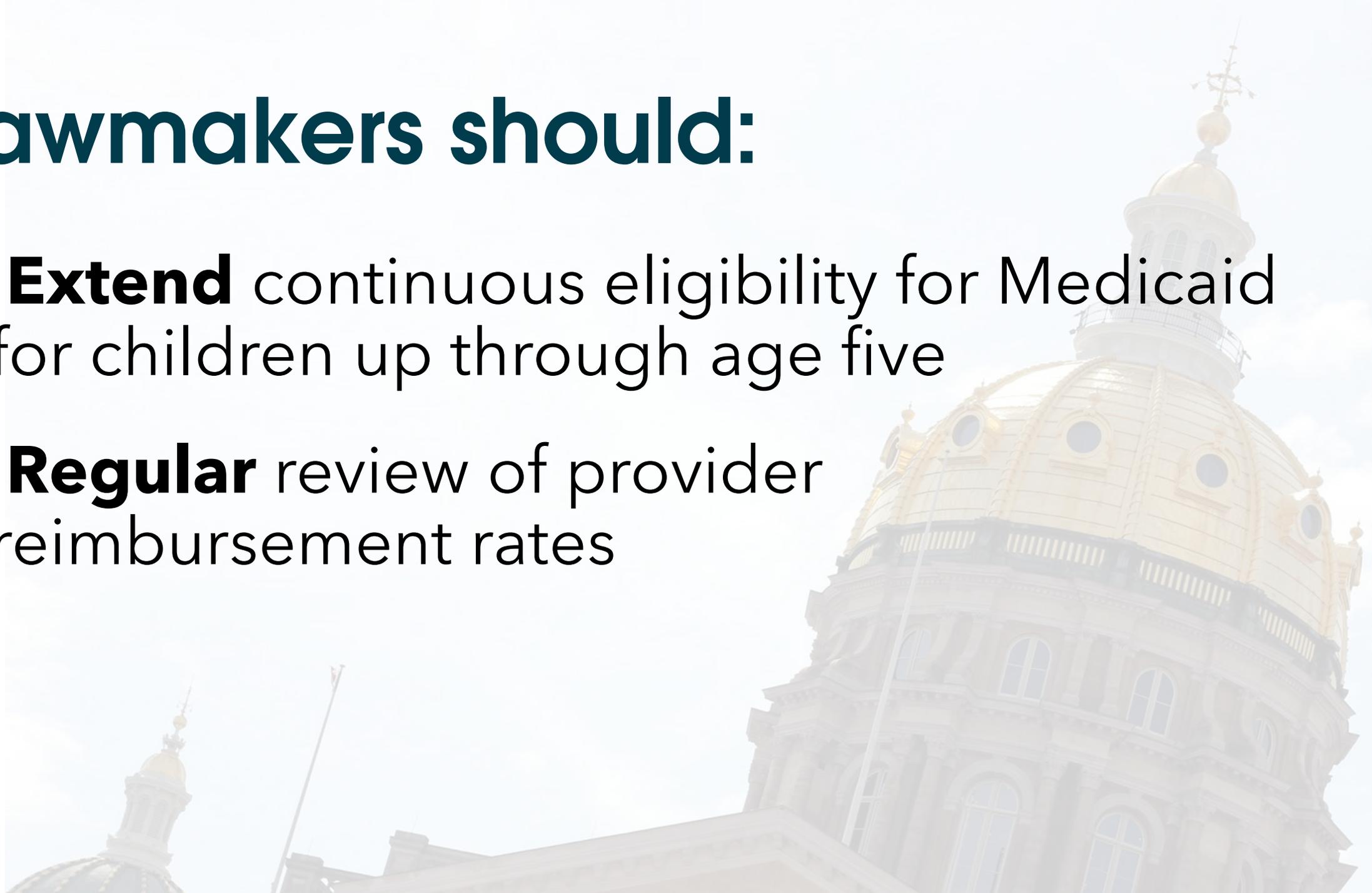
**For every \$10**

of increased Medicaid reimbursement, parents were 0.5 percentage points **more likely** to report they had **no difficulty finding a provider** and a **reduction in school absences**

Source: National Bureau of Economic Research, 2019

# Lawmakers should:

- **Extend** continuous eligibility for Medicaid for children up through age five
- **Regular** review of provider reimbursement rates



# Improve Maternal Health



# Focus on outcomes for mothers

**100%**

of postpartum  
pregnancy-related  
deaths were preventable

**1 in 4**

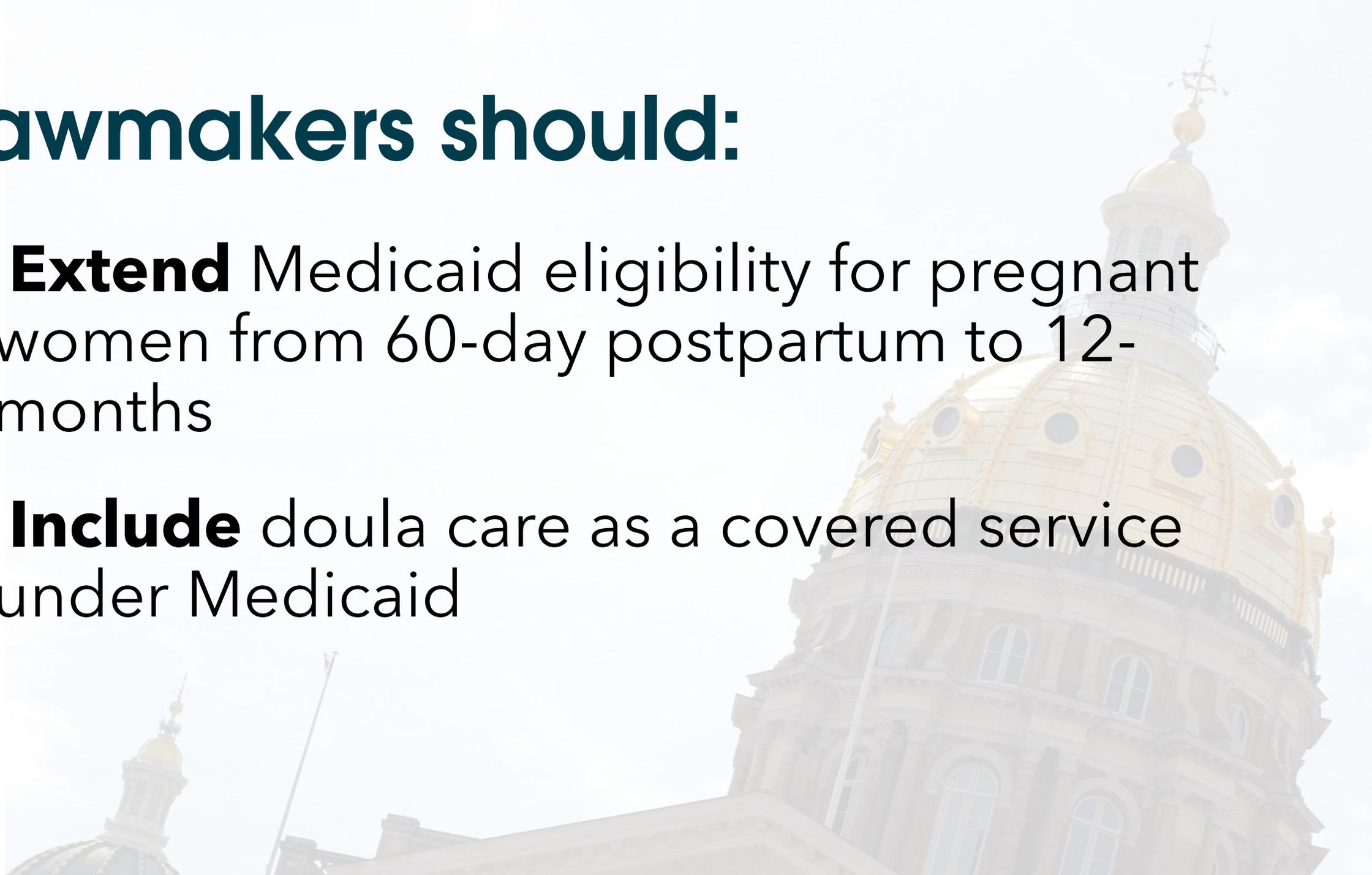
postpartum deaths  
occurring 60 days to up to 1  
year post pregnancy were  
of Medicaid-eligible women

Source: Iowa Maternal Mortality Review Committee

Disparities, underlying chronic conditions, structural racism and implicit bias lead to poor outcomes for Black women

# Lawmakers should:

- **Extend** Medicaid eligibility for pregnant women from 60-day postpartum to 12-months
- **Include** doula care as a covered service under Medicaid



# Children's Behavioral Health Oversight



# Children's behavioral health system

**27%-36%**

of students felt sad or  
hopeless every day for two  
weeks or more in a row

**~ 1 in 4**

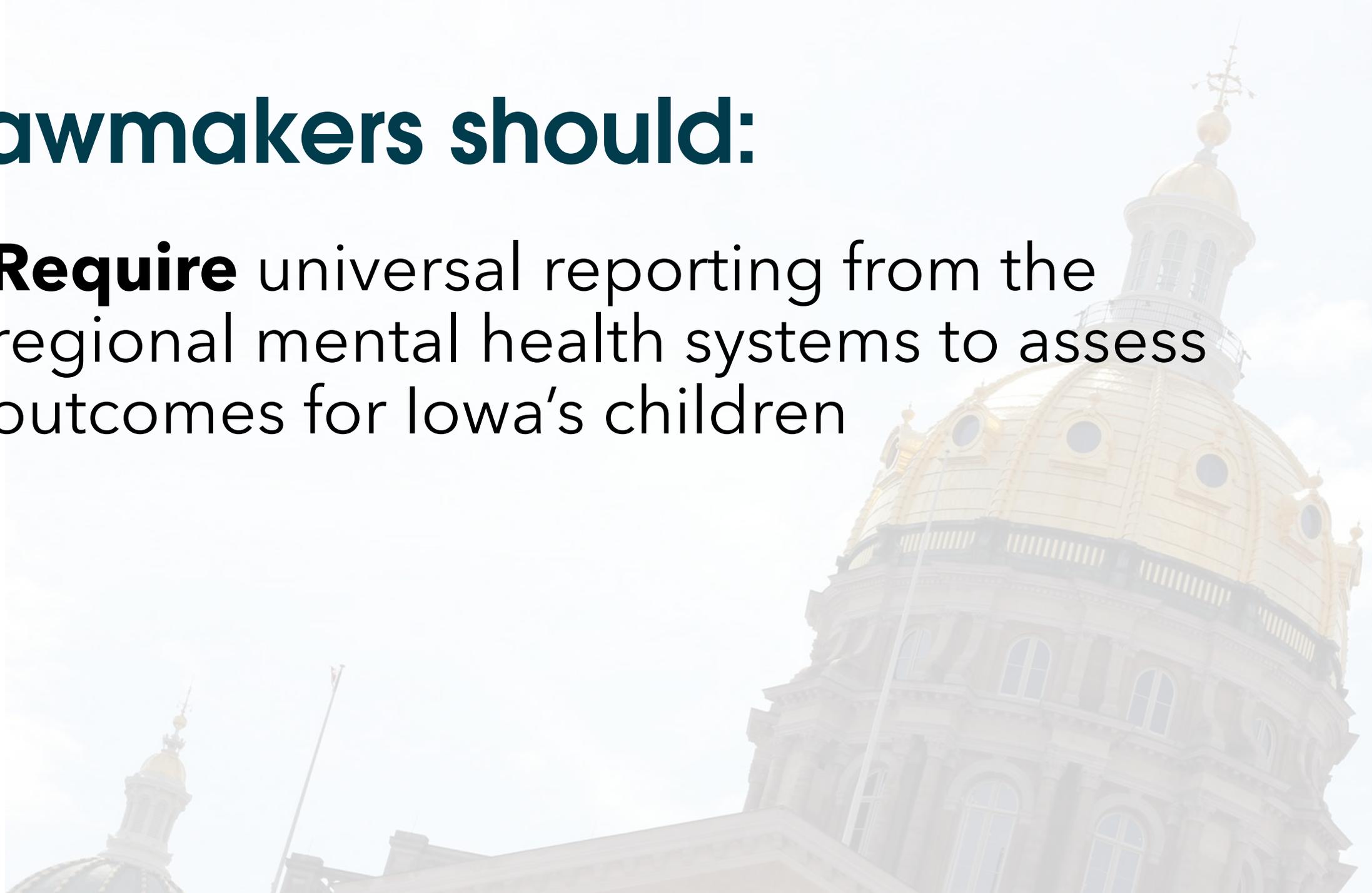
11th graders had suicidal  
thoughts in previous 12  
months

More prevalent among Black and Brown  
and LGBTQIA+ youth

Source: Iowa Youth Survey

# Lawmakers should:

- **Require** universal reporting from the regional mental health systems to assess outcomes for Iowa's children



# Support our work today

**\$22**

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policy online

**\$66**

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each legislator

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Visit your  
community to host  
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training

**\$500**

Launch a targeted  
issue campaign

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[commongoodiowa.org/donate](http://commongoodiowa.org/donate)



Thank you

Kelli Soyer  
ksoyer@commongoodiowa.org

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[www.commongoodiowa.org](http://www.commongoodiowa.org)

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THE ULTIMATE MEASURE OF A MAN IS NOT WHERE HE STANDS  
IN MOMENTS OF COMFORT AND CONVENIENCE,  
BUT WHERE HE STANDS AT TIMES OF  
CHALLENGE AND CONTROVERSY.



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